

# Children's Mental Health & Well-being Advisory Committee

January 31, 2018 – 10:00 am to 3:00 pm

Polk County River Place, Room 2

2309 Euclid Ave, Des Moines, Iowa

## MEETING MINUTES

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### Children's Mental Health & Wellbeing Advisory Committee Members Present:

Amy Shriver (*Blank Children's Hospital*)  
Anne Gruenewald (*Four Oaks*)  
David Tilly (*Department of Education*)  
Dennis Bush (*County Supervisor, Cherokee County*)  
Erin Drinnin (*United Ways of Iowa*)  
Kim Scorza (*Seasons Community Mental Health Center*)  
Kristina Richey (*Crossroads Creston IHH*)  
Joan Hansen (*Prairie Lakes AEA*)  
Renee Speh (*Coalition for a Children's Mental Health Redesign in Iowa*)

Rick Shults (*DHS-MHDS*)  
Scott Hobart (*Chief Juvenile Court Officer, Scott County*)  
Shanell Wagler (*Early Childhood Iowa*)  
Steve Seid (*Clarke Community School District*)  
Susan Christensen (*District Judge, Fourth Judicial District*)  
Tammy Nyden (*Coalition for a Children's Mental Health Redesign in Iowa*)

### Committee Members Absent:

Brad Niebling (*Department of Education*)  
Krista Moellers (*Youth member*)  
Lynn Bopes (*Eastern Iowa MHDS*)  
Marcus Johnson-Miller (*Department of Public Health*)  
Michele Tilotta (*Department of Public Health*)

Kathy Thompson (*Iowa Courts*)  
Phyllis Hansell (*DHS Council*)  
Vickie Miene (*The University of Iowa*)  
Wendy Rickman (*DHS, Adult, Child, and Family Services*)

### Other Attendees:

Rhonda Nelson  
Jason Haglund  
Kristie Oliver  
Teresa Bomhoff

Julie Dalrympk  
Carlye Mellman  
Chaney Yeast  
Mary Nelle Trefz  
Lana Herteen  
Sue Tew-Warming  
Lisa Cushart

Iowa Department of Public Health  
YSS  
Coalition for Family and Child Services  
Iowa Mental Health Planning Council/NAMI Greater Des Moines  
Prevent Child Abuse Iowa  
Amerigroup  
Blank Children's Hospital  
Child and Family Policy Center  
Blank Children's Hospital  
YSS Consultant  
CI ACES 360

### Welcome and introductory remarks

Rick Shults opened the meeting by welcoming the workgroup members and public and led introductions. Rick said that Director Foxhoven supports the committee and will do everything in his power to move things forward. Anne Gruenewald said the agenda for the meeting is to walk

through the power point and come to a consensus on the content and message for the presentation at the Joint Health and Human Services Budget Subcommittee meeting. Anne said that the Committee would have another chance to review the information before the presentation. Anne reminded the Committee of Director Foxhoven's charge to the Committee to be bold in their proposal and put forth recommendations without concern about cost but be prepared if there are questions about cost. Rick encouraged the Committee to look for opportunities where progress can be made even if resources aren't available and to set up a staging process for implementation.

### **Children's System Document for HHS Joint Budget Subcommittee Meeting**

Anne Gruenewald led the Committee through a high level overview of the power point. There was discussion on the format of the document and the importance of being positive in their advocacy. There was discussion on the importance of emphasizing coordination throughout the document and the coordination is with multiple service systems.

The Committee discussed not wanting the children's system to be in a silo and the importance of keeping it separate from the MHDS Regions. The group discussed the wide range of cross-system services that would require a different level of coordination than if it was just mental health services.

The Committee discussed the organizational framework of the children's system from local delivery of services, regional management, and statewide standards and oversight.

### **Public Comment**

Lana Herten from Blank's Children's Hospital commended the Committee on how they function as a group. Lana encouraged the committee to discuss funding viability even if it seems outside their scope because it is critical for other items being discussed. Lana said that if providers are not getting paid well they will limit the number of individuals they see which will impact access to services. Lana said the ability to train staff is a part of their rate.

The committee broke for lunch at 11:58pm and reconvened at 1:06pm

### **Planning Next Steps**

The Committee continued their discussion on the organizational framework of the children's system.

1. Local Delivery of Services: Assure the full array of services and supports are available locally
  - Expand or create Crisis Intervention and Well-Being Collaboratives statewide (list definition of collaborative from 2016 report)
  - Create a local plan and timeline to implement the full array of cross-system children's mental health and well-being services and supports (NAMI chart) add other domains including education – report from 2013 (for common language) page 11
  - Increase the availability of core cross-system services by mapping what exists and identifying gaps in mental health and well-being services, against the local plan – add framework for mapping

- Identify and braid funding and other resources needed to fill the gaps to fully implement the plan. (add information from seasons and YSS reports, either under this bullet or as attachments to report)
2. Area Leadership: Build cross-system sustainability
    - Create Children's Services Area Boards to guide, direct and oversee the local work (visual for all three levels)
    - Require shared cross-organizational system commitment, accountability and integration.
    - Determine efficiencies across funding, data collection/analytics, and reporting between state and local organizations
    - Report annually on the progress and effectiveness of the Children's System in improving children's mental health and well-being in Iowa.
  3. Statewide Standards: Structure statewide quality and effectiveness
    - Establish statewide standards, expectations and measures of effectiveness for core mental health and well-being services and supports; (workforce development)
    - Provide support and guidance for effective cross-system collaboration and coordination of services and supports, including methods to combine funding streams to improve efficiency (well-being report 2015)
    - Create a Children's System State Board, comprised of leaders from key state agencies and representatives from parents, providers and citizens, to direct and assess the results statewide. (direction for local area board membership, functions of members)

The Committee discussed the cost of building a children's system and how to collect reliable cost estimates. The Committee discussed implementation stages which includes focusing on language to establish a system the first year and focusing on grants, local services, area boards, and gap analysis the second year.

Anne said the power point would be updated with the input provided at today's meeting and will be redistributed to the Committee for their review.

#### **Public Comment**

None

The meeting adjourned at 3:00 pm